

2025

Wellington Representative Booklet



Overview

The purpose of this booklet is to provide a reference document for all players interested in representing Wellington at the National Team events.

It outlines expectations of players, eligibility and selection criteria that teams will be selected on and some logistical information.

Representatives for the Inter-District Teams events will be selected from the Wellington Squad programme; therefore, players who wish to be considered for selection will be engaged in the squad programme.

Players will need to be available to play in the Inter-District events over the following dates:

Seniors: 15-16 August 2025 – Squash Gym Palm. North, CENTRAL

Juniors: 26-30 September – Henderson, AUCKLAND

Masters: 17-21 October – Nelson, CANTERBURY



Squash Wellington Rep. Team Information

Players selected to represent Wellington are expected to participate in selection tournaments and mandatory training camps leading up to the National event. Selectors will be in attendance at all selection tournaments.

If an individual is unable to attend a mandatory camp or mandatory selection tournament, they must complete one of the following online forms.

[Rep team mandatory camp dispensation request](#)

[Selection tournament dispensation request](#)

All forms can also be found on our website - [www.squashwellington.org.nz/PlaySquash/2025 Wellington Squads](http://www.squashwellington.org.nz/PlaySquash/2025WellingtonSquads)

2025 SW Squad Schedule

Mar	Apr	May
16th Seniors 9am	13th Seniors 9am	25th Seniors 9am
16th Juniors 11am	13th Juniors 11am	25th Juniors 11am
	13th Masters 1.30pm	25th Masters 1.30pm

Jun	Jul
22nd Seniors 9am	13th Seniors 9am
22nd Juniors 11am	13th Juniors 11am
22nd Masters 1.30pm	13th Masters 1.30pm

Representative team training

Aug	Sept	Oct
10th Seniors 9am - CK	21st Juniors 11am - HC	12th Masters 1pm - HC
10th Juniors 11am - CK	21st Masters 1pm - HC	Tentative -
24th Masters 1pm - HC		date may change
CK - Club Kelburn		
HC - Hutt City		

Key Dates

Mandatory tournaments

Wellington Open
06-07 June

Wellington Junior Open
18-19 July

Wellington Masters
17-19 July

Rep team announcement
Wednesday 30 July

National events

Seniors - Palm. North
15-16 August

Juniors - Auckland
I: 26-28 Sept
T: 29-30 Sept

Masters - Nelson
I: 17-19 Oct
T: 20-21 Oct

Eligibility & Selection Criteria

Eligibility:

To be eligible for selection consideration, players must meet the following minimum criteria:

- Reside in the Wellington region at the time of selection and competition.
- Be listed on the Wellington grading list, unless they are a homegrown player.
- Be a full financial member of a Squash Wellington affiliated club.
- Adhere to the SW Code of Conduct on and off court.

Selection criteria:

Representative teams will be selected by the Selectors Panel. While position on the grading list will be taken into consideration, the Selectors Panel will also be informed by the following.

Team fit

Attitude is everything. Behaviour will be observed and taken into consideration.

Activity

Match play is an important part of development and maintenance.

Players need to be match ready; therefore, team members will need to have played a minimum number of tournaments leading up to the National events.

Minimum activity requirements are:

Juniors - Six tournaments, including selection tournaments, Wellington Open and Wellington Junior Open

Seniors - Six tournaments, including selection tournament, the Wellington Open and at least one other club Open

Masters - Five tournaments, including selection tournament, the Wellington Masters and at least one other Wellington district Masters tournament.

If an individual is unable to enter the required number of tournaments, or enter the mandatory 'selection tournaments', they should provide notice as soon as possible by completing the online dispensation request form.

Eligibility & Selection Criteria

Attend all mandatory selection camps as listed in the 2025 SW Squad Schedule.

Juniors

Selection Camps (mandatory for team selection): July, August, Early September, Late September

Seniors

Selection Camps (mandatory for team selection): May, June, July, August

Masters

Selection Camps: (mandatory for team selection): August, September, October

IMPORTANT:

If an individual is unable to attend any of the mandatory selection camps, they should complete the online [Rep team mandatory camp dispensation form](#).

While majority of the mandatory camps will be after the team announcement, SW reserve the right to elevate reserves if selected members do not attend mandatory camps who have not completed dispensation request prior to the camp.

Online dispensation forms can be found on our website under [Play Squash/2025 Wellington Squads](#)

Note:

Play-off matches may be used as part of the Representative Team selection process.



Representative Travel & Contributions

Squash Wellington will coordinate all flights (where applicable) and accommodation for representative teams. As we secure group discounts based on team numbers, please do not book flights or accommodation independently. Any travel or accommodation outside of the official team arrangements will be at the player's own expense, as it will not be covered by funding grants.

Squash Wellington will cover all entry fees for District Representative Team members.

While we work hard to secure funding to support these costs, grant availability can vary. As in previous years, a player contribution will be required to help cover expenses.

Juniors & Masters

As the 2025 events are further away and run over a longer period, costs may be significantly higher. Squash Wellington will endeavour to secure as much funding as possible to offset these expenses; however, player contributions of up to \$500 may be required.

Seniors:

The 2025 Senior Teams' Event will be held in Palmerston North, which will help reduce travel and accommodation costs. As it is within reasonable driving distance, players are expected to carpool where possible. Squash Wellington will endeavour to secure funding to cover travel and accommodation costs; however, players should anticipate a contribution of up to \$300.

ALL Teams

Player contributions also help cover coaching fees for all teams. To help reduce individual costs, we may ask teams to participate in fundraising activities. We see these as valuable team bonding opportunities, and everyone's support and involvement will be greatly appreciated.

Flight Details – the following team arrangements have been made.

Juniors

Depart Friday 26 September – 8:45AM

Return Wednesday 01 October – 1.30PM

Masters

Depart Thursday 16 October – 7:40PM

Return Wednesday 22 October – 9:30AM

Player Charter

Team Expectations

- Compete in both the individual and team events. (Junior & Masters)
- Players are expected to support each other both on and off the court throughout all team events.
- Attend and actively contribute to daily team briefings before and after each day's play, focusing on reviewing what worked well and identifying areas for improvement.
- Be organised and efficient in all practice sessions and preparation activities.
- Wear the correct team uniform at all times during the event.
- Stay with the team for the full duration of the team event.

Juniors

In addition to the above, Juniors are expected to:

- Adhere to all conditions set by the team management regarding conduct and behaviour.
- Obey any curfews or team rules established by the management team.
- Strictly follow the zero-tolerance drug and alcohol policy – players aged 18 and over must comply with Squash New Zealand rules prohibiting alcohol at all Junior events for all competitors.
- Do not instigate or participate in any player or team initiation activities while representing the Wellington District.

Sign & return

Player name:

Date:

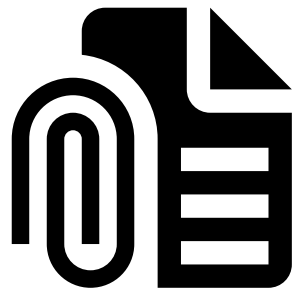
Representative team: Junior/Senior/Master (please circle all that are relevant)

I accept and acknowledge:

- I would like to be considered for the 2025 Wellington Representative Team
- I have read and understood the Eligibility and Selection criteria, which includes mandatory selection tournaments and squad camp attendance requirements.
- I acknowledge the player contribution expectation as outlined in this document.
- I acknowledge and accept the Player Charter and general player expectations of Wellington team representatives.

Signature / Parent on behalf of child

Name: Signature



APPENDIX



Requirements & provisions for team events

Parents

We appreciate and welcome the presence of parents and supporters at team events. To support the team environment, we ask that parents:

- Encourage their children to fully immerse themselves in the team environment.
- Support their children staying at the team accommodation for the duration of the team event.
- Refrain from offering coaching advice unless requested by the Team Coach.
- Allow the team the space to bond both on and off the court.

Squash Wellington will

- Actively seek funding opportunities to help minimise player contribution costs.
- Pay all team event entry fees.
- Ensure each representative player receives a team kit.
- Reimburse out-of-pocket expenses where required and agreed prior to the start of the event.

Team coaches will

- Provide agreed training sessions prior to the event, in coordination with Squash Wellington.
- Deliver on-court coaching appropriate to each player's level and needs.
- When multiple players are competing simultaneously, communicate with the Team Manager to coordinate appropriate support.
- Submit a full written report to the Squash Wellington Board within 10 working days of the event's completion.

Team managers will

- Ensure consent and medical forms for junior players are completed and returned before the event.
- Attend managers' meetings at the team event as required.
- Ensure all host club and event rules and regulations are followed.
- Maintain a record of match results and arrange a team photo in uniform for records.
- Communicate regularly with players, parents, coaches, and Squash Wellington to keep everyone informed of event requirements.
- Maintain discipline and ensure the team is well-rested, nourished, and hydrated for each day of competition.
- Conduct team meetings and debrief sessions during the event.
- Submit a full written report to the Squash Wellington Board within 10 working days of the event's completion.